

(Insert Youth/Family Name) Transition Plan
Worksheet

Family Name:		Date of Transition Meeting:
Team Members		
Name:	Title	Present at Meeting?
Our Mission:		
Accomplishments: Include Outcomes and Progress in Moving to Our Team Mission Statement:		

Additional Notes:

Worry 2: (Describe the worry specifically).

Action	Who	What Hope Will Be Built On?	When

Additional Notes:

Worry 3: (Describe the worry specifically).

Action	Who	What Hope Will Be Built On?	When

Additional Notes:

Next Meeting:

Date:	Time:	Location:
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Additional Transition Activities for Team Member Completion Developing the Family Transition Portfolio	
<u>Item</u>	<u>Assigned To</u>
Transition Plan <ul style="list-style-type: none"> • Shared responsibility across all team members • Includes a schedule for follow-up across team members who can check in • 	
Crisis Plan <ul style="list-style-type: none"> • Include planned and unplanned rehearsals for responding to crisis • Make personal introductions to resources i.e. police, crisis responders in addition to providing phone numbers 	
Self-Care Plans <ul style="list-style-type: none"> • Identify self-care for youth to be able to manage their feelings and responses • Identify options for parent to focus on keeping themselves feeling well in terms of physical, spiritual, thoughts and feelings • Work with the parent/child/other family members to develop a calendar to outline when they will focus on strengths, support or access to service in the next year 	
Follow-up Phone Numbers <ul style="list-style-type: none"> • Identify team members who will be available as sounding boards post-wraparound • Develop letters of introduction at least for next year's school 	

<p>but also for any other community resources that can go in the family's portfolio</p>	
<p>Discharge Plan</p> <ul style="list-style-type: none">• Develop lists of what works best for this family• Develop lists of what to avoid for this family• Identify team members who can be called for additional information	
<p>Supports that will continue with the family.</p> <ul style="list-style-type: none">• Identify community options for both parent and youth• Identify system options for both parent & youth• Identify relationship options for both parent & youth	