

## MOBILE RESPONSE AND STABILIZATION SERVICES (MRSS) BEST PRACTICES FOR YOUTH & FAMILIES

- The crisis should be defined by the parent/caregiver and/or youth themselves.
- The mobile response is in-person and delivered in home or community-settings and available within 60 minutes of contact, with telephonic support until in-person response arrives.
- The stabilization service must include both the youth's ability to manage daily activities and establish clear connections for the youth and family, as needed, to community supports, not just clinical interventions. The stabilization service can be provided for up to 8 weeks.
- MRSS goals should include:
  - Support and maintain youth in their current living situation and community environment, reducing the need for out-of-home placements and placement changes.
  - Promote and support safe behavior in homes, school, and community
  - Reduce admission to Emergency Departments, inpatient psychiatric units, detention centers and residential treatment centers due to a behavioral health crisis
  - Assist youth and families in accessing and linking to ongoing support and services, including intensive clinical and in-home services.
- There is a distinction between the Response Service component (up to 72 hours) and the Stabilization Service component (up to 8 weeks) but they must be connected.
- Initial Response requires an identified Crisis Assessment, Crisis Needs Assessment and Safety Planning tools to be implemented.
- Training, supervision and mentoring should be clear, consistent and in line with systems of care or wraparound services.
- Mobile response teams should connect to both informal and formal community supports and connections should be made to higher intensity of services, if needed.
- Outcomes should be collected to demonstrate the reach, benefits and impact of the MRSS intervention and support provided.

### Webinar

The Institute for Innovation and Implementation at University of Maryland, School of Social Work hosted a webinar, via the statewide Mobile Response and Stabilization Services (MRSS) Collaborative, to share best practices in Oklahoma, Nevada and New Jersey to effectively design and implement a mobile response system specific to the needs of children and families. The webinar was held on February 13, 2019.

- To access the recording , please use the following link:  
<https://theinstitute.adobeconnect.com/perwr6ps1evg/>
- To access the PowerPoint presentation, please use the link below:  
<https://www.dropbox.com/s/wpqlc3hb8virrv/2.13.19%20MRSS%20Webinar.FINAL.pdf?dl=0>