

Resources for Multi-System Youth in Ohio

Provided by the Ohio Department of Developmental Disabilities and the Ohio Department of Mental Health and Addiction Services | March 2020

MENTAL HEALTH

[MI/ID CCOE](#)

The Mental Illness/ Intellectual Disabilities Coordinating Center of Excellence is a partnership between the Ohio Departments of Developmental Disabilities and Mental Health, with the goal of improving the lives of Ohioans who are dually-diagnosed with MI/ID. The CCOE offers a variety of services and resources, including:

- ° Telepsychiatry for youth and adults
- ° Second Opinion Psychiatric Assessments
- ° Recorded informational webinars on MI/ID topic

[Trauma-Informed Care Collaboratives](#)

The Ohio Departments of Mental Health and Addiction Services (OhioMHAS) and Developmental Disabilities (DODD) collaborate on the statewide Trauma-Informed Care (TIC) Initiative intended to promote a greater sense of safety, security and equality among consumers/clients.

[The Resilience Project](#)

The Resilience Project was administered from 2013-2017 by Hamilton County Developmental Disabilities Services (DDS) through a Strong Families Safe Communities grant from Ohio Department of Developmental Disabilities (DODD) and Ohio Department of Mental Health and Addiction Services (OhioMHAS). The purpose of the project is to build cross-agency teams who use a shared, trauma-informed framework and practices to help people build resilience and heal from trauma.

[NAMI Ohio](#)

As a grassroots organization advocating for mental health issues, NAMI Ohio has an outstanding history of affecting public policy and legislation regarding care and resources for persons with serious mental illness.

[Emerald Jenny Foundation](#)

Our site includes listings for rehab facilities, healthcare providers, counselors and other organizations – all so you or a loved one can take that important first step.

[The Intersection of MH D/O's & I/DD LiveBinders](#)

A collection of training materials focused on specific mental health disorders in the intellectually disabled population. Topics include: Fetal Alcohol Syndrome, Traumatic Brain Injury and Anxiety disorders.



Resources for Multi-System Youth Mental Health

MENTAL HEALTH *(continued)*

[Hey I'm Here](#)

We're a youth-led community engaged in changing the conversation when it comes to our mental wellness. We provide a safe digital space to share stories, offer encouragement, and to help others find resources available to them in Ohio.

[Project AWARE](#)

Project AWARE Ohio is a partnership between the Ohio Department of Education, the Center for School Based-Mental Health Programs at Miami University and the educational service centers within three pilot communities: Cuyahoga County, Warren County and Wood County.



MEDICAL CARE

[Managed Care Plans](#)

FAMILY SUPPORT

[Charting the LifeCourse](#)

Charting the LifeCourse is a framework designed to support families to maximize their capacity, strengths, and unique abilities to best nurture, love, and support their family member to achieve goals. DODD supports Charting the LifeCourse Ambassadors throughout the state who introduce this framework to families, schools, providers of service, community businesses, and county boards of developmental disabilities. These sessions teach the tools and principles families and organizations need to support people at any age or stage of life, develop a vision for a good life, think about what they need to know, identify how to find or develop supports and discover what it takes to live the lives they want to live.

PAC/ Parent Advocacy

A parent peer support program which partners with parents as they navigate the systems of care in Ohio. To qualify a parent must have a child or children who have multiple needs. The parent can self-refer for help, and agencies and providers can send in referrals. Family and Children First councils in some counties also use PAC for parent support. To talk to someone about the program you can go to the NAMI Ohio website at: www.namiohio.org or call 1-800-686-2646, for more information.



[Family Advisory Council](#)

These quarterly meetings provide a forum for DODD to hear directly from family members about the issues that affect their lives and an opportunity to learn more about DODD's current initiatives from executive staff.

Resources for Multi-System Youth Mental Health

FAMILY SUPPORT *(continued)*

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[#FamilyTalk](#)

This is DODD's broadcast video series with subject matter experts about topics that are important to families. Find these on Facebook and YouTube.

[Loop Ohio](#)

Families can find valuable information about resources and programs designed to support families statewide and in their local communities at loopohio.org. The website also serves to link families with mentors and subject matter experts who can provide answers and insight to questions.

COMMUNITY ENGAGEMENT

[Youth MOVE](#)

Youth MOVE National is a youth-driven, chapter-based organization dedicated to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems—including mental health, juvenile justice, education, and child welfare.



CRISIS RESPONSE/ STABILIZATION

[Engage 2.0](#)

This grant, titled Engage 2.0 built upon the collaborative relationships that have developed regionally around the original Engage Grant communities previously facilitated by Boards in Northwest and Southwest Ohio, and the Family and Children's First Councils within those Board regions.

Technical Assistance through DODD

SERVICE COORDINATION

[Family and Children First Councils](#)

Ohio Family and Children First (OFCF) is a partnership of state and local government, communities and families that enhances the well-being of Ohio's children and families by building community capacity, coordinating systems and services, and engaging families. OFCF's vision is for every child and family to thrive and succeed within healthy communities.



[Ohio Children's Alliance](#)

Ohio Children's Alliance applies the collective strength of its members to sustainably improve the provision of services to children, young adults, and families through policy advocacy, performance improvement, and member support.

Resources for Multi-System Youth Mental Health

SERVICE COORDINATION *(continued)*

Bridges to Success

Bridges is a voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.

System of Care ECHO for Multi System Youth

Using a trademarked technological platform and methodology developed at the University of New Mexico, Ohio Systems of Care Project ECHO program offers participants:

- Opportunities for local teams to present complex cases and to receive written recommendations from multidisciplinary experts
- Opportunities for local teams to develop the knowledge and skills to manage complex conditions in their own communities and to be part of a community of practice
- Brief lectures and case-based learning on topics of special interest



Strong Families/ Safe Communities

Since 2013, the Strong Families, Safe Communities project has been engaging local systems to identify community-driven solutions that highlight collaboration across agencies to develop the best possible outcomes for these families. This initiative is funded by the Ohio departments of Developmental Disabilities (DODD) and Mental Health and Addiction Services (OhioMHAS).

TRAINING

Redtreehouse

Redtreehouse.org is Ohio's online resource supporting the well-being of Ohio's families and children with challenges, disabilities, and health care needs. It was created to provide a welcoming and vibrant online community for families and professionals to explore and connect to resources and supports for children and young adults.



OCALI ASD Strategies in Action

The Autism Center works to build the capacity of school districts and other education agencies to improve their instruction and support for individuals with autism.

Resources for Multi-System Youth Mental Health

TRAINING *(continued)*

[OCALI Autism Series LiveBinder](#)

A collection of Autism training resources developed by OCALI in conjunction with a regional training program.

[eBasedAcademy](#)

Take eBasedAcademy courses at your pace, at home or in a cafe. Earn your continuing education credits in a variety of fields including psychology, nursing and social work. Our courses are open 24/7.

LEGAL HELP

[Bill of Rights](#)

You have the right to be treated with respect. You have the right to a clean, safe place to live. And you have the right to a place to be alone. Learn more about Ohio's Bill of Rights for People with Developmental Disabilities by reading the Ohio Revised Code 5123.62, or use DODD's Easy Read Guide, available on this page.



[Ohio Developmental Disabilities Council](#)

The mission of the Ohio Developmental Disabilities Council (Ohio DD Council) is to create change that improves independence, productivity and inclusion for people with developmental disabilities and their families in community life. The Ohio DD Council is one of a national network of state councils, committed to self-determination and community inclusion for people with developmental disabilities. The Ohio DD Council:

HOUSING

[Coalition on Housing and Homelessness in Ohio](#)

COHHIO is a coalition of organizations and individuals committed to ending homelessness and to promoting decent, safe, fair, affordable housing for all, with a focus on assisting low-income and special needs populations.



[SSI/SSDI Outreach, Access, and Recovery](#)

The Substance Abuse and Mental Health Services Administration (SAMHSA) and Policy Research Associates, Inc., have launched the SOAR Online Course: Child Curriculum. This course trains case managers to assist children and youth who are experiencing or at risk of homelessness and have a serious mental illness, medical impairment, and/or a co-occurring substance use disorder to apply for the Social Security Administration's disability program, Supplemental Security Income (SSI).

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